

LIFEGUARD

City of Los Fresnos

GENERAL STATEMENT OF DUTIES

Lifeguards are responsible for ensuring the safety of pool guests by educating patrons, enforcing safety rules, enforcing conduct rules, and providing constant, active surveillance.

DISTINGUISHING FEATURES OF CLASS

Lifeguards are responsible for ensuring the safety of pool guests by educating patrons, enforcing safety rules, enforcing conduct rules, and providing constant, active surveillance. Lifeguards will respond to emergencies which may include water rescues and administering CPR or first aid as necessary, and perform other duties as required. Availability to work days, early mornings, late evenings and weekends; may be required to furnish identification badges, uniforms, and Red Cross training materials.

ESSENTIAL FUNCTIONS

Lifeguards are responsible for ensuring the safety of pool guests by educating patrons, enforcing safety rules, enforcing conduct rules, and providing constant, active surveillance.

Lifeguards will respond to emergencies which may include water rescues and administering CPR or first aid as necessary.

Maintaining a clean and hazard free facility (restrooms, deck and pool) performing periodic water tests

Participating in mandatory in-service trainings and emergency action plan simulations

Assist with competitive and non-competitive swimming programs

Teach water safety program

Complete daily reports and records,

Performs related work as required.

KNOWLEDGE, SKILLS, AND ABILITIES

Working knowledge of swimming hazards and lifeguard techniques;

Working knowledge of First aid and Cardio-pulmonary Resuscitation (CPR);

Ability to remain vigilant and act quickly in making rescues and rendering aid;

Perform rescues under difficult conditions;

Communicate and maintain effective relations with the public and staff;

Independently make decisions;

Read and understand City policies and procedures;

Perform simple arithmetic calculations to make change;

Maintain a clean and safe work area, which may include monitoring pool chlorine levels;

Accept constructive criticism and direction from supervisors;

Motivate program participants;

Effectively deal with stressful and emergency situations;

Swim 300 yards continuously and Tread water for two minutes per lifeguard training prerequisites;

Administer first aid;

Perform tasks requiring physical strength and/or stamina to effectively rescue victims, administer first aid, and CPR;

Hear and distinguish a variety of sounds in a noisy environment such as participants in need of assistance, whistles, or co-workers requesting assistance in a rescue effort;

See program participants in need of assistance from any distances and speak loudly to warn program participants of impending danger;

Successfully complete all training provided by the department.

EXPERIENCE AND TRAINING

Minimum 15 years of age

Valid American Red Cross Lifeguard certification including First Aid and CPR/AED for the professional rescuer

Reliable method of transportation

Professional attitude and behavior; responsible and mature

Excellent verbal communication skills and swimming skills

Willing to follow instructions and to learn new skills as needed

PHYSICAL DEMANDS

Must be able to:

Stand
Walk
Sit
Stoop, kneel, crouch, or crawl
Use hands to finger, handle or feel
Reach with hands and arms
Talk or hear
Perform work, which involves frequent lifting, pushing and pulling of heavy objects;

Exert or Lift:

Up to 100 lbs.

Environmental conditions include:

Exposure to variable temperatures and weather conditions; strong and unpleasant odors and fumes such as chlorine; noise from children; allergens such as pollen, and bee stings; pool chemical fluctuations which might cause irritation to eyes and skin; and the possibility of administering first aid which may involve exposure to infections which might cause chronic disease or death.

Typical noise level is: **High**

The above statements are intended to describe the general nature and level of work being performed by employees assigned to this position. They are not intended to be thought of as a complete list of all possible responsibilities, duties, and/ or skills of all personnel so classified, The “performs other work as a required/assigned” statement about is to be understood that it may be necessary to expand an employee’s duties and or responsibilities on a daily or permanent basis.

THE CITY OF LOS FRESNOS GOAL IS TO ENSURE CUSTOMERS RECEIVE THE BEST POSSIBLE EXPERIENCE WHEN VISITING CITY HALL.

Employee Signature

Date

Department Head Signature

Date

City Manager Signature

Date